

Health and safety

Learning objectives

This chapter covers the following:

- **health and safety legislation**
- **your expected duties, legal responsibilities and key contacts for health and safety at your place of work**
- **salon security**
- **personal hygiene and appearance**

Legislation and industry codes of practice requirements are of great importance to everyone working in the health and beauty industry. There are, at the time of writing, 18 Acts and regulations affecting hair and beauty salons, and you need an understanding of these regulations, as many aspects will feature in your day-to-day work. It is not only the employer who is responsible for health and safety in your working environment; *you* have *your* part to play in helping your manager/employer to maintain a healthy and safe working environment for yourself, your work colleagues and other business customers and visitors.