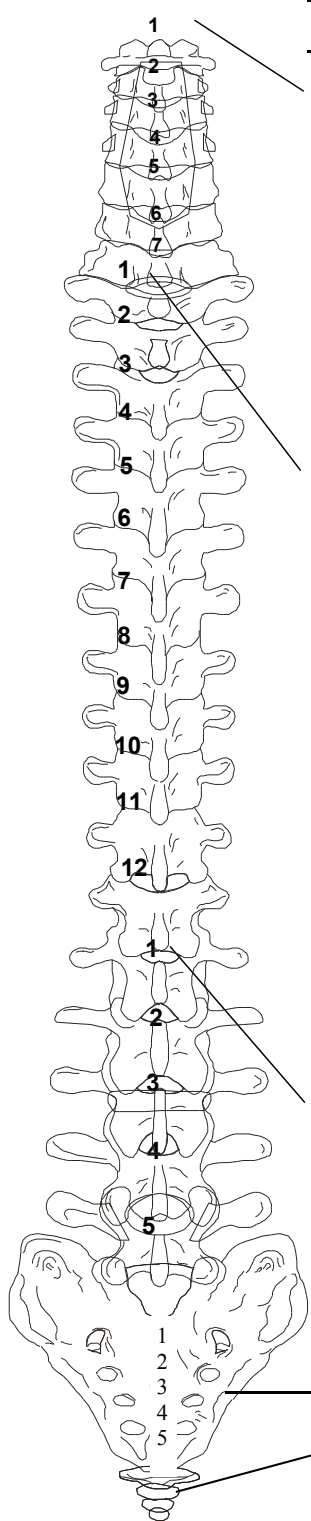


# Chart of Spinal Nerve Supply and The Effect of Spinal Misalignment

Every area of the body is controlled by nerves. The normal function of these can be disturbed by misalignments of the vertebrae effecting the disease conditions shown below.



Vertebrae	AREAS	EFFECTS	
<b>CERVICAL</b> 1-7	1	Blood supply to the head, the pituitary gland, the scalp, bones of the face, the brain itself, inner and middle ear, the sympathetic nervous system.	Headaches, nervousness, insomnia, head colds, high blood pressure, migraine headaches, mental conditions, nervous breakdowns, amnesia, sleeping sickness, chronic tiredness, dizziness or vertigo.
	2	Eyes, optic nerve, auditory nerve, sinuses, mastoid bones, tongue, forehead.	Sinus trouble, allergies, crossed eyes, deafness, eye troubles, earaches, fainting spells, certain cases of blindness.
	3	Cheeks, outer ear, face bones, teeth, trfacial nerve.	Neuralgia, neuritis, acne or pimples, eczema.
	4	Nose, lips, mouth, Eustachian tube.	Hay fever, catarrh, hard of hearing, adenoids.
	5	Vocal cords, neck glands, pharynx.	Laryngitis, hoarseness, throat conditions like a sore throat.
	6	Neck muscles, shoulders, tonsils.	Stiff neck, pain in upper arm, tonsillitis, croup.
	7	Thyroid gland, bursar in the shoulders, and elbows.	Thyroid conditions.
<b>THORACIC</b> 1-12	1	Arms from the elbows down, including the hands, wrists and fingers, also the oesophagus and trachea.	Asthma, cough, difficult breathing, shortness of breath, pain in lower arms and hands.
	2	Heart including its valves and covering, also coronary arteries.	Functional heart conditions and certain chest pains.
	3	Lungs, bronchial tubes, chest, breast, nipples.	Bronchitis, pleurisy, pneumonia, congestion, influenza.
	4	Gall bladder	Gall bladder conditions, jaundice,
	5	Liver, solar plexus, blood.	Liver conditions, fevers, low blood pressure, anaemia, poor circulation, arthritis.
	6	Stomach.	Stomach troubles including nervous stomach, indigestion, heart burn, dyspepsia.
	7	Pancreas, islets of Langerhans, duodenum.	Diabetes, ulcers, gastritis.
	8	Spleen, diaphragm.	Hic-coughs, lowered resistance.
	9	Adrenals or supra renals.	Allergies, hives.
	10	Kidneys.	Kidney troubles, hardening of the arteries, chronic tiredness, nephritis, pyelitis.
	11	Kidneys, urethra.	Skin condition like acne, pimples, eczema or boils.
	12	Small intestine, Fallopian tubes, lymph circulation.	Rheumatism, gas pains, certain types of sterility.
<b>LUMBAR</b> 1-5	1	Large intestine or colon, inguinal ????????	Constipation, colitis, dysentery, diarrhoea, ruptures or hernias.
	2	Appendix, abdomen, upper leg, cacum?	Appendicitis, cramps, difficult breathing, acidosis, varicose veins.
	3	Sex organs, ovaries or testicles, uterus, bladder, knee.	Bladder trouble, menstrual troubles like painful or irregular periods, miscarriage, bed wetting, impotency, change of life symptoms, knee pains.
	4	Prostate gland, muscles of the lower back, sciatic nerve	Sciatic, lumbago, difficult, painful, or too frequent urination, backaches.
	5	Lower legs, ankles, feet, toes, arches.	Poor circulation in the legs, swollen ankles, weak ankles and arches, cold feet, weakness in the legs, leg cramps.
<b>SACRUM</b> 5	Hip bones, buttocks.	Sacro-iliac conditions, spinal curvatures.	
<b>COCCYX</b> 4	Rectum, anus.	Haemorrhoids or piles, pruitus or itching, pain at end of spine on sitting.	