



Planning a new venture – Know yourself

Clues from the past

Review your past life, and write down some specific moments when you felt purposeful and focused in a way that gave you satisfaction at the time and in retrospect. Also look at times when you felt less directed and adrift.

| | <i>NOTES</i> |
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| Personal qualities used or misused | |
| Satisfying moments | |
| Dissatisfying moments | |
| Clues to what you want and what you have to offer ... | |